

## Helpful resources

The following agencies have information to help you quit smoking or chewing tobacco:

### AMERICAN LUNG ASSOCIATION

+ 1-800-LUNG-USA  
[www.lungusa.org/tobacco](http://www.lungusa.org/tobacco)  
or your local American Lung Association

### AMERICAN CANCER SOCIETY

+ 1-800-ACS-2345  
[www.cancer.org](http://www.cancer.org)  
or your local American Cancer Society

### CENTERS FOR DISEASE CONTROL AND PREVENTION

+ 1-800-CDC-1311  
[www.cdc.gov/tobacco](http://www.cdc.gov/tobacco)

### OFFICE OF THE SURGEON GENERAL

+ 5600 Fishers Lane  
Rockville, MD 20847  
[www.surgeongeneral.gov/tobacco](http://www.surgeongeneral.gov/tobacco)

### NATIONAL CANCER INSTITUTE

+ 301-594-6776  
[www.cancer.gov/cancerinfo/tobacco](http://www.cancer.gov/cancerinfo/tobacco)

Tobacco use and oral disease. Winn DM. J Dent Educ 2001 Apr;65(4):306-12

Impact of tobacco use on periodontal status. Johnson GK, Slach NA. J Dent Educ 2001 Apr;65(4):313-21

Evidence-based care in orthodontics and periodontics. Sanders NL. J Am Dent Assoc 1999 Apr;130(4):521-527

Smoking and wound healing: a review. Frick WG, Seals RR Jr. Tex Dent J 1994 Jun;111(6):21-3

The influence of smoking on 3-year clinical success of osseointegrated dental implants. Lambert PM, Morris HF, Ochi S. Ann Periodontol 2000 Dec;5(1):79-89

American Association of Orthodontists

American Association of Orthodontists  
401 North Lindbergh Boulevard  
St. Louis, MO 63141-7816

314.993.1700  
800.STRAIGHT (consumer information line)

[www.braces.org](http://www.braces.org)

Email: [info@aaortho.org](mailto:info@aaortho.org)

American Association of  
Orthodontists



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# Tobacco Use and Your Orthodontic Treatment

A Warning About Tobacco Use During Orthodontics

